

Gertrude Spiteri



Gertrude Spiteri is a Senior Human Resources Officer who has recently joined the Central Bank of Malta's Human Resources Department. She started her academic journey by graduating in Social Work which led her to pursue further studies in Psychology and Human Resources and Training. She graduated with a BSc in Psychology from the Open University and an MSc in Human Resource Management and Training from Leicester University. She has conducted research in the area of Stress in the Workplace and is presently researching Decision making under Stress. She has a professional interest in understanding people at work and creating healthy work environments. She is an advocate for putting employee's well-being at the heart of HR Strategies. She is also a visiting lecturer at the University of Malta on Cognitive Biases in Decision making.